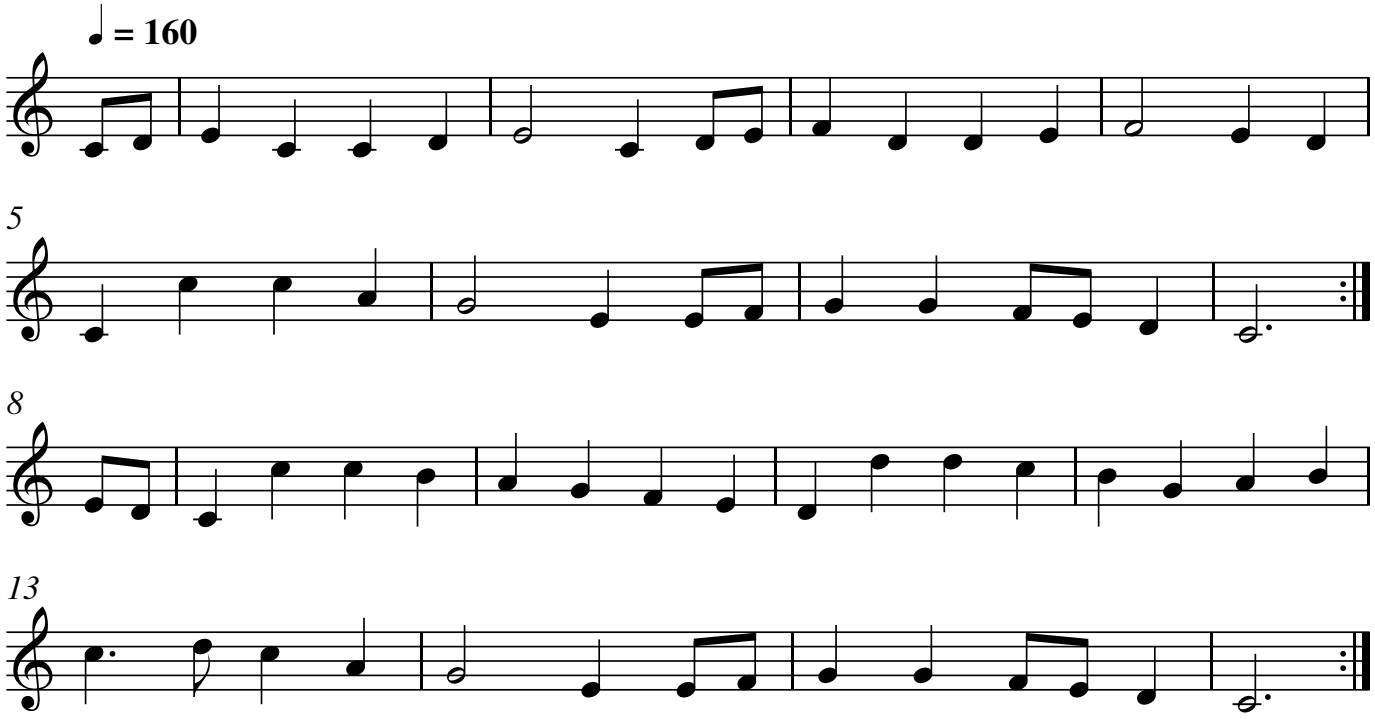Jamie Allen