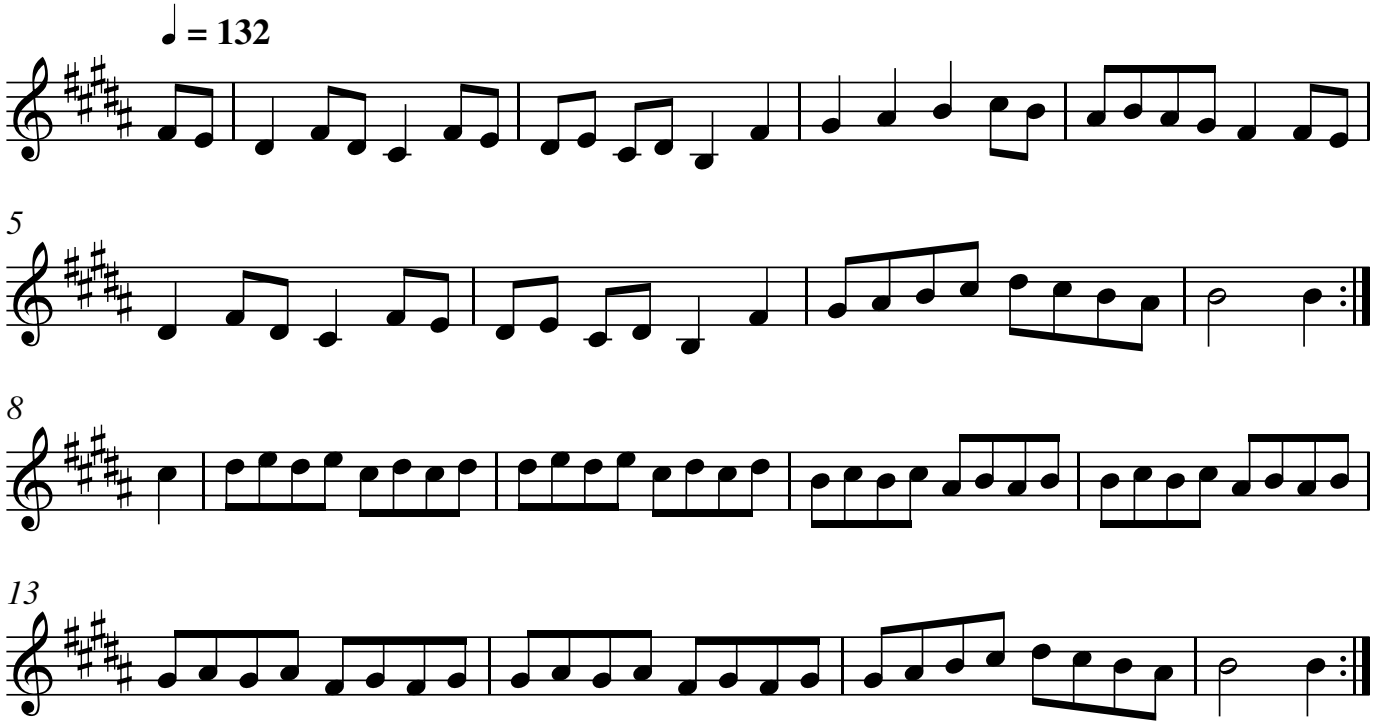Iron Legs